

**CONNELLSVILLE AREA SCHOOL DISTRICT
 ELEMENTARY SCHOOLS**

**OCTOBER
 2009**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			FISH SANDWICH 1 CREAMY COLE SLAW STEAMED PEAS DICED PEARS MILK	SCHOOL PIZZA 2 STEAMED CARROTS MIXED FRUIT CUP RICE KRISPY TREATS MILK
WHITE PIZZA 5 SIDE OF SPAGHETTI TOSSED SALAD ICY JUICY MILK	POPCORN CHICKEN 6 WHIPPED POTATOES/GRAVY STEAMED CARROTS HOMEMADE ROLL SLICED PEACHES MILK	CHILI CON CARNE 7 NACHOS & CHEESE APPLESAUCE HOMEMADE CINNAMON ROLL MILK	8 MANAGER'S CHOICE MENU MENU WILL BE POSTED IN EACH BUILDING	STACKED HAM SANDWICH 9 FRENCH FRIES BLUSHING PEARS MILK
GRILLED CHEESE SANDWIC 12 TOMATO SOUP PICKLE STRIP ORANGE WEDGES MILK	TURKEY WRAP 13 LETTUCE & TOMATO BROCCOLI, RAW FRESH FRUIT MILK	CHICKEN PATTY PARMESAN 14 SIDE OF SPAGHETTI STEAMED GREEN BEANS MIXED FRUIT CUP MILK	HAM & CHEESE SANDWICH 15 LETTUCE & TOMATO STEAMED CORN FRESH APPLE RICE KRISPIES TREAT MILK	SCHOOL PIZZA 16 CARROT STICKS/DIP FRESH FRUIT GOLDEN BROWNIE MILK
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CHICKEN PATTY SANDWICH 19 TATER TOTS GREEN BEANS ORANGE WEDGES MILK	COUNTRY FRIED STEAK 20 WHIPPED POTATOES/GRAVY STEAMED BROCCOLI HOMEMADE ROLL FRESH APPLES MILK	BREADED CHEESE STICKS 21 W/SIDE OF SPAGHETTI TOSSED SALAD ICY JUICY MILK	MINI CORN DOG 22 MACARONI & CHEESE APPLESAUCE FRESH FRUIT MILK	SCHOOL PIZZA 23 STEAMED PEAS FRUITED JELLO RICE KRISPIE TREAT MILK
HAMBURGER ON BUN 26 POTATO WEDGES HOMEMADE BAKED BEANS PEACHES MILK	GRILLED CHEESE SANDWIC 27 TOMATO SOUP PICKLES APPLE CRISP MILK	CHICKEN NUGGETS 28 WHIPPED POTATOES W/ GRAVY BAKED SWEET POTATOES HOMEMADE ROLL ORANGE WEDGES MILK	BEEF RAVIOLI 29 TOSSED SALAD HOMEMADE ROLL JELLO APPLE MILK	SCHOOL PIZZA 30 CARROT STICKS/DIP PINEAPPLE CHUNKS MILK

Peanut Butter Sandwich Available Upon Request
 Choices of fruits and vegetables daily

Nutritional analysis posted in each cafeteria.