

227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 2

<p>3. Definitions</p>	<p>or during activities under school district jurisdiction. This policy encompasses all students in grades seven (7) through twelve (12) wishing to participate in any interscholastic athletic activity, any extracurricular activity, or those who meet the district's guidelines to drive on campus and wish to obtain a parking permit. The policy includes those students being educated by the district under special circumstances including homebound instruction or other district instruction in the home. The district welcomes all referenced students, with the permission of their parents/guardians, to participate in the program. Those students who are not seeking privileges for parking, for participating on athletic teams, or for an extracurricular activity and who wish to be tested through the district's program will be considered voluntary participants.</p> <p>The testing results of voluntary participants will be sent only to the student's home, and not to the district. Voluntary participants must pay for their own testing.</p> <p>The district will require any student who is submitting to testing, and the student's custodial parent/guardian, to consent in writing to drug testing pursuant to the district's drug testing program. Written consent shall be in the form attached to this policy. No student should be able to participate in any interscholastic sport, any extracurricular activity, or to obtain a parking permit without such consent.</p> <p>Student Athlete/Cheerleader – any student participating in grades seven (7) to twelve (12) athletic or cheerleading practices and/or contests or performances under the control and jurisdiction of the district, including student managers, student trainers, etc.</p> <p>Student Driver – any student with a valid license recognized by the state of Pennsylvania who is in grades eleven (11) or twelve (12) and who has formally requested a parking permit via the district approved process.</p> <p>School Property – this policy covers all locations under the jurisdiction of the Connellsville Area School District including away events in or out of the state of Pennsylvania.</p> <p>Drug/Mood Altering Substances – as used in this policy shall be defined as any controlled substance, noncontrolled substances, or "designer drug", "look-alike" substance or health endangering substances:</p> <ol style="list-style-type: none">1. <i>Controlled Substance</i>: A controlled substance is any drug or substance listed in schedules 1-5 of the Pennsylvania Drug, Device and Cosmetic Act of 1972. Examples include but are not limited to alcohol, marijuana, stimulants, depressants, hallucinogens, etc.
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227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 3

2. *Noncontrolled Substance*: A noncontrolled substance is any substance containing phenylpropanolamine, pseudoephedrine, ephedrine, or any other noncontrolled substance that has or is represented to have a stimulant or depressant effect on humans. In addition to the items stated above, any product that includes chemical solvents or aerosol carcinogens is also considered a noncontrolled substance.
3. *"Designer Drug"*: A controlled substance analog is a noncontrolled substance which either produces the pharmacological effect or is represented to produce pharmacological effects similar to a controlled substance in Schedule 1 or 2 of the Pennsylvania Drug, Device and Cosmetic Act of 1972.
4. *"Look-Alike" Substance*: A noncontrolled substance whose physical appearance of the finished dosage form containing the noncontrolled substance is substantially identical to any controlled substance, taking into account size, shape, color, markings or lack thereof.
5. *Health Endangering Substance*: Any substance that may be harmful to the individual and that is not covered in the Pennsylvania Drug, Device and Cosmetic Act of 1972.

Medical Review Officer (MRO) – A licensed physician trained and certified in the process and interpretation of drug testing results.

SAMHSA – the Substance Abuse and Mental Health Services Administration: a governmental agency that certifies toxicology laboratories that performs drug testing following strict guidelines and constant quality assurance programs.

GC/MS – Gas Chromatography/Mass Spectroscopy: a scientific process to identify specific chemical compounds. A molecular fingerprint is obtained that identifies a chemical compound with one hundred percent (100%) accuracy.

Quantitative Levels – the measurement levels of a specific chemical in the urine reported usually in nanograms per milliliter (ng/ml).

Chain-of-Custody Form – a preprinted form provided by the testing laboratory that records all contact with the provided specimen. The form is initiated by the collector and donor then follows with the specimen until the results are certified by the testing scientist and forwarded to the MRO for final certification.

Drug Paraphernalia – all equipment, products and material of any kind which are used, intended for use or designed for use in planting, propagating, cultivating, growing, harvesting, manufacturing, compounding, producing, processing, preparing, testing, analyzing, packaging, repackaging, storing, containing, concealing, injection, injecting, ingesting, inhaling, or otherwise introducing to the human body a controlled substance.

Sports Season – the length of each season shall be determined by the guidelines established by the Pennsylvania Interscholastic Athletic Association (PIAA).

Citizenship Standard – any student who was proven by self-admission or admission by the parent/guardian, to violate the policy throughout the calendar year while off campus will be subject to suspension from all school-sponsored athletic activities according to the offenses outlined in the Procedure for Drug Testing Athletic Participants of this policy.

Suspension from Sport/Activity, Extracurricular Activity, or Driving Privileges – based upon a second offense positive result from a drug test or a violation of the current Connellsville Area School Drug and Alcohol Substance Use/ Abuse Testing Policy, the student may observe but not be able to participate in the sport/activity. Observation is defined as having the individual dressed in street clothes and only watching practice. This would include practices, rehearsals, weight training, and all events pertaining to the sport/activity. The recommended treatment will supersede the sport/activity schedule. The suspension of activities or driving privileges, upon verification of a positive result, is immediate.

Adulterant/Adulteration – any attempt to alter the outcome of a urine drug test by adding a substance to the sample, attempting to switch a sample, or otherwise interfere with the detection of illicit or banned substances in the urine.

Vendor – the medical office or company selected by the School Board to carry out the policy and procedure.

Oversight Committee – a committee consisting of the Superintendent and two (2) appointed School Board members. This committee will be advised of all true positive test results, the chronology of events, suspension of privileges, adherence to remedial or rehabilitative programs, and the reinstatement of privileges.

Extracurricular Activity Participant – any student in grades 7-12 participating in any nongraded, extracurricular activity.

4. Guidelines

PROCEDURE FOR DRUG AND ALCOHOL TESTING PARTICIPANTS

Informed Consent For Drug/Alcohol Testing

Prior to the beginning of the new school year and at the beginning of each sport season, student drivers, student athletes and activities participants, and parents/guardians/custodians will complete and sign the "Informed Consent for Drug/Alcohol Testing Form", regardless of the student's age. No student may purchase a parking permit, or participate in practice or competition until these forms are properly executed and on file with the appropriate building principal.

Urine Drug Testing Frequency

At the beginning of the school year and of each sport season or when a student moves into district and joins a sport, all students wishing to purchase a parking permit or wishing to participate in that season's sports or participate in any extracurricular activity will be subject to urine testing for illicit or banned substances as specified below. The district will pay the cost of this initial urine test. If a student is in multiple sports or activities throughout the school year, only one (1) test before the beginning of the first sport season or activity will be required. Also, the initial test for student driving at the beginning of the school year will cover the initial tests for students participating in sports seasons or extracurricular activities.

Following initial testing, up to twenty percent (20%) of eligible student athletes, activities participants, or student drivers will be randomly tested on a periodic or weekly basis. All students will remain in the random pool until the end of the school year. A student who is finished with the activity and does not intend to continue participation for the remainder of the year may be removed from the program with a signed letter by the parent/guardian directed to the building principal. Any student who refuses to submit to urine drug testing will not be allowed to practice or participate in his/her activity or athletic event and will be refused driving privileges in the district until the student agrees to do so. The district will incur the cost of the random tests.

Random Selection Of Students

Once provided a list of eligible student athletes, activity participants, and student drivers, the Vendor must select the required number of students in a random and confidential manner. Periodically, the Vendor will arrange with the building principal or Athletic Director a day and time to do the collection of specimens. The schedule will not follow any recognizable pattern. Saturdays and Sundays will also be utilized to collect samples. The selected student names will be given to the

227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 6

building principal or the Athletic Director, who will arrange for these students to report to the collection area. Parents/Guardians will not be notified of the random test prior to the test. The student will take home the parent/guardian copy of the Chain of Custody form to verify testing occurred.

Collection Of Urine Specimens

Samples will be collected as outlined under Vendor Requirements. Any eligible student athlete, activity participant, or student driver selected randomly for urine drug testing who is not in school will be tested at the next available testing time. Students who are present and not able or are unwilling to provide an adequate urine specimen at testing time will be withheld from practice or competition and their driving privileges will be withheld until the student provides the required specimen. Arrangements may be made for special collections at a Vendor Collection site with prior approval of the building principal or Athletic Director. Parents/Guardians may remain on site for the initial drug test, but may not interfere with the collection process or schedule in any way.

The Vendor will oversee the collection of urine specimens as outlined in the Procedure for Drug and Alcohol Testing of Connellsville Area School District students. Chain of Custody forms will be provided by the Vendor that meets the criteria of this policy and that of the testing laboratory. Students will be given as much privacy as possible in the obtaining of the specimen. Students will also be able to choose the gender of the collector.

Testing Of Urine Specimens

The Vendor will have all specimens tested for the specified illicit or banned substances by a qualified laboratory certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) following the guidelines of the Department of Health and Human Services (HHS). The testing laboratory should have greater than ten (10) years experience in toxicology testing and chain-of-custody procedures. All specimens must be initially tested using a highly accurate immunoassay technique, with all presumptive positive results then confirmed by a Gas Chromatography/Mass Spectroscopy (GC/MS) confirmatory test (understanding that no current GC/MC test is available for LSD).

The testing laboratory must be able to test for the following drug classes, substances, or their metabolites in collected urine specimens: the standard screening includes Alcohol, Amphetamines, Barbiturates, and Benzodiazepines (Valium), Cocaine, Marijuana, Methadone, Opiates (Codeine), Pencyclidine, and Propoxyphene (Darvon). This list can be modified by the district at any time to include Anabolic Steroids, LSD, and Ecstasy.

227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 7

The building principal may specify specific classes or substances to be tested.

Medical Review Officer (MRO) Services

The Vendor will provide MRO services by a licensed physician who is certified by the Medical Review Officer Certification Council (MROCC) or the American Association of Medical Review Officers as having proven by examination to have had the appropriate medical training to interpret and evaluate drug test results and thus qualified for certification as a Medical Review Officer. Additionally the MRO must demonstrate a willingness to abide by the Procedure for Drug and Alcohol Testing of Connellsville Area School District students as to the evaluation of positive drug tests and report findings to the building principal in a timely and confidential manner. All results will be kept on file for a period of seven (7) years and the Vendor must notify the district prior to disposal and of disposal methods in accordance with destruction of confidential information.

Reporting Of Random Urine Test Results By Vendor

The MRO will certify all urine drug screens and report by telephone positive findings in a confidential manner to the parent/guardian. The next contact regarding a positive result will be to the building principal. The MRO will also notify the Athletic Director, by phone, that a drug test returned positive giving only the dates of the collection and reporting. This contact will take place within twelve (12) hours of determining a positive result.

Statistical Reporting And Confidentiality Of Urine Drug Test Results

The Vendor, testing laboratory, or MRO may not release any statistics on the rate of positive drug tests to any person, organization, news publication or media without express written consent of the Board. However, the Vendor will provide the Superintendent with semi-annual reports showing the number of tests performed, rate of positive and negative tests, and what substances were found in the positive urine specimens.

Alternative Hair Analysis Testing Method

If student drivers, student athletes, activities participants, or parents/guardians/custodians believe that urine sampling is embarrassing, intrusive, or in any way an unacceptable form of testing, then hair analysis may be selected as an alternative method of testing. Hair analysis is more costly than urine testing. Therefore, individuals selecting hair analysis must pay the cost difference at the time of sampling, between the two (2) sampling methods. The district will only pay for the

227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 8

cost of urine testing. Individuals selecting hair analysis are hereby informed that this is considered more stringent and revealing than urine testing by expanding the detection period following the use of illicit drugs. Every ½ inch of hair represents approximately thirty (30) days of drug use history. A standard hair analysis will provide detection for the ninety (90) days prior to the hair collection. The procedures for hair sampling will be established by the Vendor, testing laboratory, or MRO as determined by the district.

Procedures In The Event Of A Positive Result

Whenever a participant in the testing program has a test result that indicates the presence of illegal drugs or banned substances, the MRO rules the specimen adulterated, and the following will occur:

1. The building principal, within twenty-four (24) hours, will notify and meet with the parent/guardian/custodian first, then the student and Athletic Director of any positive results. A written notification from the building principal, by form letter, will be sent to the parent/guardian/custodian by certified mail. The building principal may keep all test results for a period up to one (1) year.
2. The student will be notified and be required to submit weekly urine specimens, via the Vendor, for five (5) weeks. The costs of these five (5) tests will be incurred by the parent/guardian.
3. If the parent/guardian/custodian or student wishes to contest the results, the Vendor will arrange for the split portion of the specimen to be submitted to another laboratory approved by the Board for testing. This is done at parent/guardian/custodian or student expense. Such a request must be made to the building principal in writing within five (5) working days from first notification of positive test results.
4. The MRO may use quantitative results to determine if positive results on repeat testing indicate recent use of illicit or banned substances or the natural decline of levels of the illicit or banned substance from the body. If the MRO feels the quantitative levels determined to be above the established cutoffs do not reflect current use but natural decay, then a negative result may be reported.

All drug test results are considered confidential information and will be handled according to state regulations.

227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 9

Consequences For Violating The Testing Policy And/Or Testing "Positive" During A Drug Screening

No student participating in this testing program shall be penalized academically for testing positive for illegal drugs. The results of drug tests pursuant to this policy will not be documented in any student academic records. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities absent legal compulsion by valid and binding subpoena or other legal process, which the district shall not solicit. In the event of service of any such subpoena or legal process, the student and the custodial parent/guardian will be notified at least seventy-two (72) hours before response is made by the district.

The records of all students who tested negative will be destroyed at the end of the school year. Only the records of those students who tested positive and whose penalties transcend the school year into subsequent school years shall have their records maintained.

If a student refuses to submit a urine sample, the situation will be ruled as a positive result and the student will receive the same consequences as if s/he had tested positive.

If a student participates in athletics, activities, or is a driver, all privileges will be governed in accordance with the progressive consequences process if a true positive test is returned:

1. First Offense – Monitoring and Treatment

The purpose of this policy is to be preventive and corrective, not punitive. Therefore, the first offense will not result in any obvious or open action being taken against the student. Instead, students who test positive will be permitted to continue participation providing they meet all three (3) of the following conditions:

- a. The student must enter into and provide proof of completion of a substance abuse evaluation by a licensed substance abuse treatment provider or certified substance abuse counselor. The evaluation will provide recommendations to the student and family on the type of services, if any, that are suggested and the community services available that can provide assistance.
- b. The student and family must comply with any recommendations in order to remain a participant in athletics, activities, or as a driver.

227.1. DRUG AND ALCOHOL TESTING FOR ATHLETICS/
EXTRACURRICULARS AND STUDENT DRIVERS - Pg. 10

c. The student will be required to submit weekly urine specimens, via the Vendor, for five (5) weeks. The expenses of the assessment and the five (5) weekly drug tests will be incurred by the parent/guardian. The student will also be referred to the Student Assistance Program (SAP) team of the appropriate building and receive an appropriate educational program.

2. Second Offense – 14 Day Suspension

The student participant will receive a fourteen (14) calendar day suspension from the sport, activity, or driving/parking privilege. The student will again be referred to a licensed facility for drug assessment. Renewed participation is contingent upon the student following through and complying with the facility's recommendations. The student will again be required to submit weekly urine specimens, via the Vendor, for five (5) weeks. The expenses of the assessment and the five (5) weekly drug tests will be incurred by the parent/guardian. The student will also be referred to the Student Assistance Program (SAP) team of the appropriate building and receive an appropriate educational program.

The second offense for testing positive can be expunged by the district once the student provides documentation of forty (40) hours of drug/alcohol counseling and successful voluntary passing of twelve (12) monthly drug tests by the district's approved Vendor, at the family's expense. Community service may be used once approved by the principal to achieve the 40-hour total. This second offense can only be expunged once in the student's time in the Connellsville Area School District. This documentation must be provided before the occurrence of a third offense. Failure of any one (1) of the twelve (12) monthly drug tests will not count as a third offense, but nullifies the second offense removal procedure.

3. Third Offense Within a Six-Year Time Period – One Year Suspension

The student participant will receive a suspension of athletic, activity, and driving privilege for one (1) calendar year. The student will also be referred to a licensed facility for a drug assessment. Participation is contingent upon the student following through and complying with the facility's recommendation. The student will also be required to submit weekly urine specimens, via the Vendor, for five (5) weeks. The expenses of the assessment and the five (5) weekly drug tests will be incurred by the parent/guardian. The student will also be referred to the Student Assistance Program (SAP) team of the appropriate building and receive an appropriate educational program.

4. Fourth Offense Within a Six-Year Time Period – Permanent Suspension

The student participant will receive a permanent suspension of driving privileges as well as a permanent suspension from any sport or activity. The student will also be referred to a licensed facility for a drug assessment. The student will also be referred to the Students Assistance Program (SAP) team of the appropriate building.

Prohibition Of Over-The-Counter Sports Enhancing Supplements

There exist several over-the-counter products known as sports enhancing supplements. The purpose of those supplements is to assist an athlete, enhance his/her overall physical development and some are designed to enhance a specific athletic event.

The Connellsville Area School District wants to be clear in conveying the thought that the use of any supplement(s) or product(s) designed to enhance performance is not endorsed or condoned. It is our hope that parents/guardians will support our view that the use of such supplements should be prohibited.

As a means of conveying our opinions on the topic, our coaches, trainers and health teachers shall, through our curriculum and annual team orientations, address this issue with our students. The message we want to convey to our students is that preparation for athletic performance is best served through a proper and well-balanced nutritional diet and appropriate physical activity designed by our coaches, trainers, and weight room supervisors.

Policy Implementation

Subject to a variety of factors such as district finances, staffing, vendor availability, etc., full implementation of this policy shall be at the discretion of the Board as directed to the administration.