

**CONNELLSVILLE AREA SCHOOL DISTRICT
 SECONDARY SCHOOLS**

FEBRUARY 2012




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>PARENTS: For your convenience and peace of mind, you can pay for meals online at lunch.prepay.com or call 724-628-3300 for more information.</p>	<p>MEATBALL SANDWICH 1 OR CHOICE OF ENTRÉE W/SIDE OF SPAGHETTI TOSS GREEN SALAD OR CHOICE OF VEG BANANA OR CHOICE OF FRUITS MILK</p>	<p>CHICKEN FAJITA WRAP 2 OR CHOICE OF ENTRÉE BAKED POTATO FRIES PINEO BEANS OR CHOICE OF VEGS SPICY APPLES OR CHOICE OF FRUITS CHOC CHIP COOKIE MILK</p>	<p>FISH OR CHOICE OF ENTRÉE 3 MACARONI & CHEESE COLE SLAW OR CHOICE OF VEGS HOMEMADE WHEAT ROLL 100% FR JUICE OR CHOICE OF FRUITS MILK</p>
<p>FALCON CHICKEN BOWL 6 OR CHOICE OF ENTRÉE CHOICE OF VEGETABLES HOMEMADE WHEAT ROLL DICED PEARS OR CHOICE OF FRUITS MILK</p>	<p>WHITE PIZZA 7 OR CHOICE OF ENTRÉE W/ SIDE OF SPAGHETTI TOSS GREEN SALAD OR CHOICE VEGS MIX FRUIT CUP OR CHOICE OF FRUITS MILK</p>	<p>NACHOS & CHEESE OR GR CHEE 8 CHILI/BEANS OR CHOICE OF VEGS APPLESAUCE OR CHOICE OF FRUITS HOMEMADE CINNAMON ROLL MILK</p>	<p>TURKEY WRAP OR 9 CHOICE OF ENTRÉE LETTUCE & TOMATO CARROT STICKS OR CHOICE OF VEGS MIX FRUIT CUP OR CHOICE OF FRUITS RICE KRISPIES TREAT MILK</p>	<p>WHOLE WHEAT CHEESE 10 PIZZA W/WO PEPPERONI OR CHOICE OF ENTRÉE BROCCOLI SALAD OR CHOICE OF VEGS ORANGE OR CHOICE OF FRUITS WHOLE WH SUGAR COOKIE MILK</p>
<p>FIESTADA OR 13 CHOICE OF ENTRÉE TOSS GREEN SALAD OR CHOICE VEGS PRETZELS SL PEACHES OR CHOICE OF FRUITS MILK</p>	<p>TACO OR CHOICE OF ENTRÉE 14 LETTUCE & TOMATOES REFRIED BEANS OR CHOICE OF VEGS FRUITED JELLO OR CHOICE OF FRUITS CHOC CAKE W/FLUFFY FROSTING MILK</p>	<p>ROTINI W/MEAT SAUCE OR 15 CHOICE OF ENTRÉE ST GREEN BEANS OR CHOICE OF VEGS HOMEMADE WHEAT ROLL APPLE SLICES OR CHOICE OF FRUITS MILK</p>	<p>GENERAL TSO CHICKEN OR 16 CHOICE OF ENTRÉE W/VEGETABLES OR CHOICE OF VEGS RICE PINEAPPLE CHUNKS OR CHOICE FRUIT MILK</p>	<p>FISH SANDWICH OR 17 CHOICE OF ENTRÉE BAKED POTATO FRIES CARROT STICKS OR CHOICE OF VEGS FRESH PEAR OR CHOICE OF FRUITS WHOLW WH SUGAR COOKIE MILK</p>
<p>20 SCHOOL MAKE-UP DAY CHECK YOUR SCHOOL FOR LISTED MENU CHOICES</p>	<p>RIB BQ SANDWICH OR 21 CHOICE OF ENTRÉE SW POTATO TOTS OR CHOICE OF VEGS COLE SLAW OR CHOICE OF VEGS ORANGE WEDGE OR CHOICE OF FRUIT MILK</p>	<p>GRILLED CHEESE SANDWICH 22 TOMATO SOUP OR CHOICE OF ENTRÉE DILL PICKLE OR CHOICE OF VEGS APPLE CRISP OR CHOICE OF FRUITS MILK ASH WEDNESDAY</p>	<p>Cook's Choice 23  Today's Special Selections chosen especially for you by our Cook!</p>	<p>WHOLE WHEAT CHEESE 24 PIZZA W/WO PEPPERONI OR CHOICE OF ENTRÉE BLACK BEANS OR CHOICE OF VEGS ICY JUICY OR CHOICE OF FRUITS CHOC CHIP COOKIE MILK</p>
<p>HAMBURGER ON BUN OR 27 CHOICE OF ENTRÉE HOMEMADE BAKED BEANS SW POTATO FRIES OR CHOICE OF FRU APPLE SLICES OR CHOICE OF FRUITS MILK</p>	<p>CHICKEN PINWHEEL 28 WHIPPED POTATOES & GRAVY OR CHOICE OF ENTRÉE ST CARROTS OR CHOICE OF VEGS BLUSHING PEARS OR CHOICE OF FRUIT MILK</p>	<p>BREADED CHEESE STICKS 29 W/SIDE OF SPAGHETTI OR CHOICE OF ENTRÉE TOSS GREEN SALAD OR CHOICE OF VEGS GRAPES OR CHOICE OF FRUITS MILK</p>		

Peanut Butter Sandwich Available Upon Request
 Choices of fruits and vegetables daily

Chef Salad available M,T,TH,F
 Potato Bar - Wed

Nutritional analysis posted in each cafeteria.